



**college  
connection**  
CONNECT TO COACHES

**June 17-19, 2022: MID-ATLANTIC SHOWCASE  
ATHLETE PACKET**

Title Sponsor:



**3STEP  
SPORTS**



**TAKE YOUR GAME TO THE NEXT LEVEL**



## College Connection Showcase Tournament/West Long Branch NJ June 17-19, 2022

### **Tuesday June 7<sup>th</sup>**

8pm-9:30pm Sports Psych Seminar Zoom

### **Thursday June 9<sup>th</sup>**

8pm-9:30pm Sports Nutrition Seminar Zoom

### **Friday June 17<sup>th</sup>**

1:00-2:00pm Athlete Check-in Oakwood Dorm  
2:00-2:15pm Welcome/Coaching Staff Intros Courtyard  
2:30-3:45pm **Recruiting Seminar (for players & parents)** Pozycki Hall Classroom 115  
4:00-5:30pm Pool B - Dinner/Athletes & Staff Dining Hall  
4:30-6:00pm Pool A - Tournament Games/3 Games FH Field  
6:00-7:00pm Pool A - Dinner/Athletes & Staff Dining Hall  
6:00-7:30pm Pool B - Tournament Games/3 Games FH Field  
10:00pm Room checks begin Oakwood Dorm

### **Saturday June 18<sup>th</sup>**

7:00am-8:00am Breakfast/Athletes & Staff Dining Hall  
8:30-10:00am Pool A - Tournament Games/3 Games FH Field  
8:30-9:30am Pool B - **Student-Athlete Q & A** Pozycki Hall Classroom 115  
10:00-11:30am Pool B - Tournament Games/3 Games FH Field  
10:15-11:15am Pool A - **Student-Athlete Q & A** Pozycki Hall Classroom 115  
11:30-Noon POOL B Head Coaches Stay and Set up Skills  
11:15-12:15pm Lunch /Athletes & Staff Dining Hall  
1:00-2:30pm Pool A - Video Skills Session FH Field  
1:00-2:00pm Pool B - **College Coaches Q & A** Pozycki Hall Classroom 115  
2:30-4:00pm Pool B - Video Skills Session FH Field  
3:00-4:00pm Pool A - **College Coaches Q & A** Pozycki Hall Classroom 115  
4:00-6:00pm Dinner/Athletes & Staff Dining Hall  
5:00-6:30pm Pool A - Tournament Games/3 Games FH Field  
6:30-8:00pm Pool B - Tournament Games/3 Games FH Field  
10:00pm Room checks begin Oakwood Dorm

### **Sunday June 19<sup>th</sup>**

7:00-8:30am Breakfast/Athletes & Staff Dining Hall  
9:15-11:15am Pool A/B – Championship Games! FH Field  
11:30-Noon Closing Remarks & Awards  
ALL ATHLETES should ATTEND!  
STX Raffle!  
UA Select Game Info & **Golden Ticket Invitations**  
Noon-1pm Athletes/Staff Check out of Dorm Camp CLOSED!

## SCHEDULE MID-ATLANTIC 2022



POOL	FRIDAY Evening	Field 1	Field 2
A	4:30-4:55pm	USA vs ARG	NED vs ENG
A	5:00-5:25pm	USA vs ENG	NED vs ARG
A	5:30-5:55pm	USA vs NED	ENG vs ARG

POOL	FRIDAY Evening	Field 1	Field 2
B	6:00-6:25pm	GER vs IND	CAN vs ESP
B	6:30-6:55pm	GER vs ESP	CAN vs IND
B	7:00-7:25pm	GER vs CAN	ESP vs IND

POOL	SATURDAY Morning	Field 1	Field 2
A	8:30-8:55am	USA vs ARG	NED vs ENG
A	9:00-9:25am	NED vs ARG	USA vs ENG
A	9:30-9:55am	ENG vs ARG	NED vs USA

POOL	SATURDAY Morning	Field 1	Field 2
B	10:00-10:25am	GER vs IND	CAN vs ESP
B	10:30-10:55am	CAN vs IND	GER vs ESP
B	11:00-11:25am	ESP vs IND	CAN vs GER

POOL	SATURDAY Afternoon	
A	1:00-2:30pm	Skills session
B	2:30-4:00pm	Skills session

POOL	SATURDAY Evening	Field 1	Field 2
A	5:00-5:25pm	USA vs ARG	NED vs ENG
A	5:30-5:55pm	USA vs ENG	NED vs ARG
A	6:00-6:25pm	ARG vs ENG	NED vs USA

POOL	SATURDAY Evening	Field 1	Field 2
B	6:30-6:55pm	GER vs IND	CAN vs ESP
B	7:00-7:25pm	GER vs ESP	CAN vs IND
B	7:25-7:55pm	IND vs ESP	CAN vs GER

11v11	SUNDAY Morning	Field 1 (11v11)
A	9:15-9:40	1&4 vs 2&3
B	9:50-10:15	1&4 vs 2&3
A	10:20-10:45	1&4 vs 2&3
B	10:50-11:15	1&4 vs 2&3

## PLAYER REMINDERS: **IMPORTANT INFORMATION!**

**Player Information Package:** College Connection 2022 will be “electronic” & “green”. The Player Information Packet will NOT BE PRINTED. So please be sure you have the packet and/or schedule details on your phone.

**Registration:** DAY ONE 1:00-2:00pm

**Marked on the Map provided week of camp!**

\* Follow the CC flags to us!

**Address:**

**Dorm: Oakwood Hall – 431 Cedar Ave, West Long Branch NJ 07764**

**Field - So Sweet a Cat Field: 98 Larchwood Ave, West Long Branch NJ 07764**

**DORM DEPOSIT - \$75 key deposit.** Please bring a check made out to 3Step Sports. Once key is returned on Sunday, we will shred the check.

### **COMMUTERS**

Drop OFF:

You can be dropped at the field for the morning session or at breakfast

PICK UP:

Pick up would be back at the field based on your last game on the schedule

**Health Form:**

**LINK PROVIDED ON THE WEBSITE**

Please be reminded that at Registration you must hand in the Health Form. This is required to participate. **HAND CARRY to check in on DAY ONE!**

You can supply a valid 2021-2022 school health/sports form, please complete the CC information and sign/date the CC form and staple the school health form to to.

**Dorms:** You must provide your own linens, towels & pillow

**Packing List:** What to BRING! Later in Packet

**FILM:**

**LINK PROVIDED ON THE WEBSITE**

Save up to 20% on your film at the *2022 College Connection! First Scout* will be filming every game in HD from an elevated perspective and offering editing of highlights and skills for college recruiting, personal teaching and keepsake. Save up to 20% when you pre-order!

Please call [877-516-4096](tel:877-516-4096) to order or ask questions.

**The First Scout Video Productions Team**

*\*\* Please note, First Scout is the exclusive film provider and no outside filming will be allowed at College Connection.*

## Athlete Guidelines & Rules:

1. **Hydrate** – water will help keep you healthy & performing at your best.
2. **Attend ALL meals** – you must eat to fuel the “machine”. The meal schedule is published on your daily schedule.
3. Meet your coach at the designated times and places for all CC sessions and games.
4. Please be **prompt** TO ALL SESSIONS. **You are required to attend all scheduled sessions and events.**
5. Please be considerate of others in the dorm, on campus and in the dining hall. Director, Sam Carlino’s room will be well marked. Please contact her should you need anything. 484-678-8340
6. Please be in your room for a **bed check at 10:00pm**. There will be a bed check each night.
7. You **must** stay in the dorm, on campus or on the playing field areas.
  - You may not leave the campus when we return from the field between sessions and at night.
  - **At all times...** please travel with other campers – not alone! We all must be prudent in places we are not familiar with.
  - **You may not leave the camp** at any time without advanced written permission from a parent and prior consent/knowledge of the director. The only exception are commuters.
8. **PARKING** – If you drove yourself, you must let us know at check-in. You **MUST turn in your car keys** after check-in and park it in a designated space. You **may NOT drive your car during camp**. Failure to follow these instructions may result in the ticketing and towing of your vehicle.
9. Drugs, alcohol, smoking, vaping, or hazing are not permitted anywhere, any time. If you are involved in any of these activities, you will be dismissed and IMMEDIATELY sent home.
10. **Visitors** (parents or others) **are not allowed inside the dorm rooms**. The only exceptions are at check-in and check-out.
11. The **ATHLETIC TRAINER** is located on the fields 30 minutes before and after every playing sessions.
12. If you have an issue or emergency, contact:

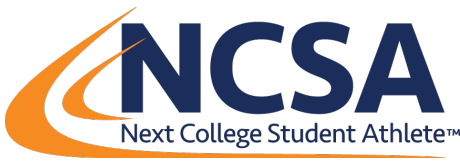
Sam: 484-678-8340

Ainslee: 857-233-3618

**\*\* Late arrivals contact Sam!\*\***

## COLLEGE CONNECTION PARTNERS

### COACH PACKET & NCSA



NCSA is a tool built for athletes. It lets you connect to Coach Packet; the recruiting software being used by college coaches at this event. Sign up for a free account using the email you used to register for this event over at [ncsasports.org](http://ncsasports.org). Then, check your profile the week of the event to confirm that all of the data college coaches see about you is accurate and up to date.

#### **A Message from NCSA!**

For those of you that already have an account, be sure to register for the CC Showcase WITH the email you use to log into NCSA.

#### NEW to NCSA?

Sign up for a free account using the email that you signed up with for the CC Showcase. To sign up go to: [www.ncsasports.org](http://www.ncsasports.org)

### First Scout Productions

First Scout will be filming all of the games & your skills sessions. All of these will provided FREE of cost to you.

Film will be uploaded into your NCSA account 10 days after the event!

For more information please contact them at: 877-516-4096 or [www.firstscout.tv](http://www.firstscout.tv)

#### **Interested in getting a highlight film done?**

Contact First Scout! They will use the College Connection film to create a recruiting highlight film for you!



# CAMP PACKING LIST



## PAPERWORK

- HEALTH FORM:** PROOF OF MEDICAL PHYSICAL DONE IN THE LAST YEAR AND RECORD OF VACCINES

## PRACTICE CLOTHES

- T-SHIRT
- SHORTS
- SOCKS
- RAIN GEAR
- SWEATSHIRT
- SWEATPANTS
- ETC.

## EQUIPMENT

- STICK
- SHINGUARDS
- CLEATS/TURFS
- SNEAKERS
- MOUTHGUARDS
- SUNBLOCK

## GK EQUIPMENT

- KICKERS
- LEG GUARDS
- HELMET
- CHEST/PELVIC PROTECTOR
- STICK
- GK PANTS

## OVERNIGHT

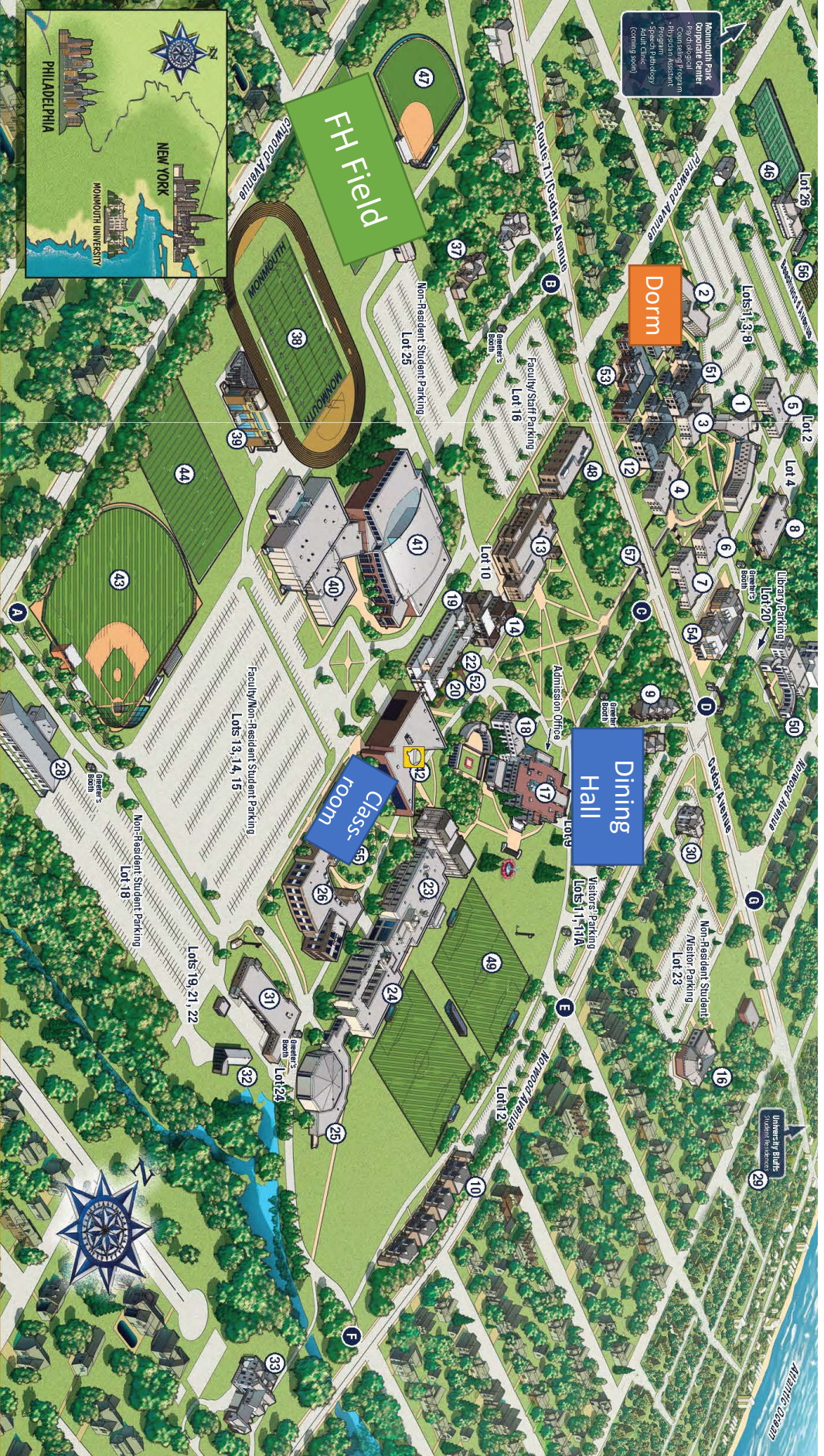
- SHEETS
- BLANKET
- PILLOW
- TOILETRIES
- TOWELS
- PERSONAL ITEMS

### QUESTIONS?

E-MAIL

[sam.carlino@threestep.com](mailto:sam.carlino@threestep.com)

# Monmouth University CAMPUS MAP



# MONMOUTH UNIVERSITY CAMPUS MAP

- |                               |  |
|-------------------------------|--|
| <b>VEHICULAR ENTRANCES</b>    | <b>STUDENT RESIDENCES</b>                    |
| A, B, Shapiro & Employees     | 1 Elmwood Hall                               |
| A, C, Visitors                | 2 Pinewood Hall                              |
| D, Students & Library         | 3 Willow Hall                                |
| A, F, Police, Theater, Guests | 4 Laurel Hall                                |
| F, Student & Employees        | 5 Beachwood Hall                             |
| G, Lauren & Woods             | 6 Source Hall                                |
| H, Theater & Students         | 7 Cedar Hall                                 |
|                               | 8 Health Center/ Birch Hall                  |
|                               | 9 Garden Apartments                          |
|                               | 10 Great Lawn                                |
|                               | 11 Apartments                                |
|                               | 12 Oakwood Hall                              |
|                               | 13 Redwood Hall                              |
|                               | 29 University Bldgs                          |
|                               | 51 Merewood Hall                             |
|                               | 53 Muller Hall                               |
|                               | 54 New Hall                                  |
|                               |  |
|                               | <b>ADMINISTRATION AND ACADEMIC BUILDINGS</b> |
|                               | 8 Health Center/Gen Hall                     |
|                               | 13 Planning Center for Communication         |
|                               | 14 Jean and Robert Proctor Hall              |
|                               | 15 Health Center/Gen Hall                    |
|                               | 16 Lauren & Woods Theater, Computer          |
|                               | 17 Wootton Wilson Hall & Auditorium          |
|                               | 18 Administration                            |
|                               | 19 Modern Registrar                          |
|                               | 20 Records                                   |
|                               | 21 President's Office                        |
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|                               | 27 Proctor Hall                              |
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## ALPHA LIST: A - I

First Name	Last Name	YOG	Position(s)	TEAM	NUMBER
mary	Adams	2025	M	ESP	309
Kate	Ambrose	2025	M,B	GER	320
Jayde	Amico	2027	M	IND	332
Elizabeth	Astorina	2023	M	NED	284
Bella	Basulto	2024	F,M,B	USA	291
Patience	Beasley	2024	F,M,B	ARG	268
Julia	Bowen	2023	GK	ENG	40
Brielle	Bugal	2024	F,M	USA	290
Lily	Burnside	2025	GK	GER	28
Tessa	Capozzoli	2023	F,M	ARG	265
Molly	Chazen	2026	F,M	GER	321
Caroline	Collins	2026	B	ESP	311
Lily	Cosner	2024	M,B	ARG	269
Tanya	Dev	2024	M	ESP	305
Ava	Donohue	2024	GK	CAN	26
Aubree	Dorsey	2022	F,M,B	ARG	267
Makenna	Doucette	2023	M	ENG	276
Molly	Driscoll	2024	F	NED	281
Andrea	Edwards	2025	F,M	ESP	307
Clara	Espenshade	2026	B	CAN	301
Katelyn	Fairhurst	2022	F,M	USA	285
Brooke	Farquhar	2024	F,M	NED	283
Gemma	Franco	2025	F,M	IND	327
Megan	Frank	2024	M	IND	323
Adelaide	Gagnon	2025	F	IND	325
Ava	Garvey	2024	F	IND	322
Ava	Gaudette	2024	B	USA	287
Kira	Geddes	2023	F,M	USA	289
Jane	Goldman	2023	B	ARG	261
Kingsley	Goldman	2026	M	IND	331
Kendall	Greytok	2023	F	ARG	262
Ava	Harman	2024	F,M	CAN	294
Teagan	Harmon	2025	GK	IND	41
Zoe	Hausler	2024	F,M	ENG	303
Lanie	Herlocher	2025	M	IND	328
Emmeline	Hinson-Hasty	2024	M,B	GER	315
Jordan	Hoover	2022	M	NED	283
Annika	Hoyer	2025	M,B	IND	329
Sally	Hunter	2024	F,M	USA	324
Riley	Iasiello	2023	F,M	ENG	274

## ALPHA LIST: K - Z

First Name	Last Name	YOG	Position(s)	TEAM	NUMBER
Adya	Kadam	2025	F,M	ESP	308
Sophia	Kane	2023	B	USA	286
Elizabeth	Kendra	2023	F,B	NED	282
Emilie	Kirschner	2023	M,B	ENG	334
Penelope	Kousouris	2025	F,M	IND	326
Ava	Lomberto	2024	F,M	NED	333
Kate	Longo	2023	F,M,B	ARG	333
Kylie	MacDonald	2023	B	NED	278
Estelle	Maggard	2025	M	CAN	300
Nina	mayro	2024	F,M	ARG	266
Olivia	Miller	2024	F	ENG	272
Paige	Mogar	2026	F,M	IND	330
Quinlyn	Moll	2023	GK	NED	24
Samantha	Mueller	2025	B	ESP	306
Ava	Murphy	2024	M	CAN	295
Colby	Paul	2023	F	USA	288
Camille	Perlov	2024	F	NED	279
Coral	Piramo	2024	F,M	CAN	296
Addison	Polakoff	2025	F	GER	316
Mia	Ramirez	2025	F,M	GER	317
Gabriella	Rijo	2024	GK	USA	25
Leah	Rose-Seiden	2024	F,M,B	GER	314
Lily	Saal	2025	F,M	CAN	297
Augusta	Santarelli	2025	M	CAN	299
Abby	Schalow	2024	GK	ESP	27
Olivia	Schwendeman	2024	F	ARG	263
Carlie	Spano	2023	B	ENG	270
Anne	Stiska	2026	F,M,B	CAN	302
Megan	Szanto	2023	M,B	USA	292
Ella	Tambroni	2025	M	GER	319
Riley	Thurston	2024	F,M	ENG	275
Maya	Ullrich	2024	F	GER	313
Maggie	Usdan	2023	F	NED	280
Kendall	Varty	2024	M	ENG	277
Ava	vecchione	2023	B	ENG	271
Hailey	Vogt	2024	M,B	ESP	304
Sophia	Walch	2025	F,M	CAN	298
Sarah	Walker	2025	M,B	ESP	310
Sophie	Wenk	2026	M	ESP	312
Isabel	Wheaton	2024	F,M	NED	335
Kaitlyn	Williams	2024	F	ENG	273
Aurielle	Wolf	2025	F,M	GER	318
Emily	Yazzetti	2024	F	ARG	264
Ashley	Zanetti	2024	GK	ARG	10



College Connection Showcases: 2022 HEALTH FORM

College Connection Locations (circle location(s): Mid-West Showcase Northeast Showcase Mid-Atlantic Showcase

CC HEALTH FORM MUST BE HAND-CARRIED TO CHECK-IN

\*\* If you wish to supply a valid 2021-2022 signed school health/sports physical form, please complete the contact information below and sign, date the CC form by both the player and parent/guardian. Staple the school form to the back of the CC form and HAND-CARRY to check-in.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ DOB \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Membership Number: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

Applicant has had (please provide dates below or attach separate sheet)

Table with 3 columns: DISEASE, VACCINATION, IMMUNIZATION. Rows include Measles, Hepatitis B, Mumps, Whooping Cough, Chicken Pox, Tetanus, Diphtheria, Polio, TB Test.

PLEASE CHECK ANY OF THE APPLICANT'S HEALTH PROBLEMS IN THE PAST OR PRESENT AND GIVE THE YEAR. Have you ever had, or now have, any of the following?

Table with 4 columns: General, Yes, No, Briefly Explain. Rows include Asthma, Tuberculosis, Polio, Diabetes, Allergies (Medications, Food, Bee Stings), Fungus, Herpes, Staph (Boils), Cyst or Lumps, Spleen Injury, Contact Lenses.

Are you currently taking any medications, prescribed or otherwise? \_\_\_\_\_Yes \_\_\_\_\_No

If yes, please explain: \_\_\_\_\_

<b>Neurological</b>	<b>Yes</b>	<b>No</b>	<b>Briefly Explain</b>
Head Injury:	___	___	_____
Concussion	___	___	_____
Nose Fracture	___	___	_____
Neck Injury	___	___	_____
Heat Problems	___	___	_____

<b>Cardiopulmonary</b>	<b>Yes</b>	<b>No</b>	<b>Briefly Explain</b>
Chest Pains	___	___	_____
Palpitations	___	___	_____
Shortness of Breath	___	___	_____
High Blood Pressure	___	___	_____
Heart Murmur	___	___	_____
Fainting	___	___	_____

<b>Orthopedic</b>	<b>Yes</b>	<b>No</b>	<b>Briefly Explain</b>
Foot/Ankle	___	___	_____
Lower Leg/Knee	___	___	_____
Thigh/Hip/Groin	___	___	_____
Back/Ribs	___	___	_____
Neck/Shoulder	___	___	_____
Arm/Elbow/Wrist	___	___	_____
Hand/Fingers	___	___	_____
Other	___	___	_____

**Please list any other pertinent medical history:** \_\_\_\_\_  
 \_\_\_\_\_

Current Vitals: Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Pulse: \_\_\_\_\_ BP: \_\_\_\_\_

The above named individual has had a physical examination and is cleared for activity at the College Connection Showcase.

**\*Health Care Provider Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\*\* If a signed school form is **NOT** attached, this document **must be signed/stamped to be valid**

**HCP Name (Printed):** \_\_\_\_\_

**HCP Address:** \_\_\_\_\_ **HCP Phone:** \_\_\_\_\_

\*\* **Participant:** The responses to the questions on this form are correct to the best of my knowledge.

**Participant's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
 Must be signed to be valid

\*\*\* **Parent/Guardian:**

**I understand and accept that risk of injury is possible while playing or practicing the sport of field hockey. I authorize the directors to act for me according to their best judgment in any emergency requiring medical attention.**

**Parent and/or Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
 Must be signed to be valid